

Central Iowa Psychological Services

Strategic Plan

Mission

It is our commitment to provide the highest quality and most comprehensive behavioral health services available to children, adults, and families in Central Iowa, and to promote a staff and work environment that encourages personal growth and mutual support among all staff members as part of a collaborative staff.

Vision

We believe “the great need of the human heart is to feel listened to and understood, by self and others.” Our counseling services address these needs...fostering spiritual, physical, and mental wellness.

Treatment Philosophy

The primary purpose of Central Iowa Psychological Services is to assist each client to live a life of recovery from mental health, substance and addictive disorders. Services will be person-centered and their plan of treatment and recovery will be individualized. To give assistance to the client seeking spiritual, physical, and mental wellness by gaining knowledge and an understanding of several facets of themselves and their illness.

Guiding Principles

Sustain Quality Services

Client Centered Services

Courtesy & Respect

Honesty & Confidentiality

Goals and Objectives

1. Sustainability as an Organization

- a. Ensure services and programs provided by Central Iowa Psychological Services follow current and emerging needs of individuals and communities in a fiscally responsible manner.
- b. Provide responsible stewardship and oversight of funding, programs, and services - including outcomes and financial performance. Complete an annual audit of financial records.
- c. Take proactive steps to achieve financial stability and ensure long term sustainable growth.
- d. Assess and address infrastructure issues to align with organizational and program/service needs.

2. Create and Maintain a Safe Therapeutic Environment

- a. Create a therapeutic environment that is safe and provides consistent support for clients.
- b. Require an atmosphere that is client centered, respectful, courteous, honest, and confidential.

3. Deliver Culturally Competent Services

- a. Continue to encourage staff to attend annual diversity trainings.
- b. Follow the guidance of our Social Justice Committee on issues of diversity.

4. Be an Active Member of Community Out-reach

- a. Network and coordinate with community stake holders and be involved.
- b. Attendance at Nevada Community Conversation Quarterly Meetings.
- c. Be involved in community activities that we choose through are Social Justice Initiatives

Partners/Stakeholders

- a. Treatment providers
- b. County Attorneys
- c. Probation and Parole
- d. Attorneys
- e. Judges
- f. Physicians
- g. Mental Health Therapists
- h. Law Enforcement
- i. Clergy/Churches
- j. Community Leaders
- k. Clients and Concerned others
- l. School Systems